



NUPSC **Committee** Meeting

Date: September 10, 2019

Time: 6pm

Location: Online- Zoom link, <https://nu.zoom.us/j/561298279>

Roll Call/Attendance:

- Officers:** Joe Lanctot, Desiree Caldwell, Meagan Rhoades, Tran Huynh, Trina Rey, Wena Luansing, Shawna
- Faculty:** n/a
- Members:** Johnathan Craig Cowan (Craig), Andrew Granillo, Emily Rose, Genica, Jacqueline Gonzalez, Josiah Cooper, Joy Post, Katlynn Hoy, Mona Banuelos, Paul Silka, Rosie Camacho, ShaunyUtah (?), Tamra Martin, Trellanie Marshall, Jennafer Fortin, Sara Muller
- Excused: Camelle Sison, Sierra Cortez, Ana Ramirez, McKinley
- Current quorum required: 6 out 10 current officers
 - Quorum met

Approval of previous minutes: August council and committee minutes approved via email

Warm Up:

- Focus: What is Planetree? Ways to get involved... Calendar of Events
- What is Person-centered care? And an example ... a systemized approach to delivering healthcare in a way that centers on the perspective of the whole student/staff/faculty and their loved ones, while promoting a healthy, encouraging environment for caregivers and addressing the health needs of the organization's surrounding community.
- NUPSC Mission. Giving the students of National University influence in school and community while integrating all drivers of Planetree in order to build more person-focused, quality care for the future: (a) cultural transformation; (b) person activation; (c) person engagement; (d) leadership development; (e) performance improvement; and (f) service.
- Breathing

Discussion items:

Advisors

- **Gloria McNeal (gmcneal@nu.edu)**
 - Not present; nothing to discuss
- **Dr. Bhawal (rbhawal@nu.edu)**
 - Not present; nothing to discuss
- **Melinda McLaughlin (mmclaughlin@nu.edu)**

- **Briana Erickson (berickson@nu.edu)**
 - Not present; nothing to discuss

Council

- **Chair: Joseph (nuplanetree.studentchair@gmail.com)**
 - Vision
 - Make NU Person-Centered.
 - Orlando
 - Openings and new positions
 - Is being an Officer right for you?
 - Chair
 - Outreach
 - Delegate meetings
 - **It is important to have students present at meetings such as at the ones below:**
 - **DON Meeting 2nd Tuesday at 3pm. Zoom.**
 - **Planetree Faculty Meeting, 3rd Thursday at 3pm. Zoom.**
 - **Sharp Person-Centered Meeting 2nd Wednesday monthly 1pm.**
 - **Center of Excellence and Monthly from 9:30am to 11am on the second Thursday. Zoom.**
 - Essential Oils live at RB and KM!
 - New Officership: **Mentoring is now Wellness and Support Officer.**
- **Co-Chair: Meagan (nuplanetree.vicechair@gmail.com)**
 - **Quick student satisfaction survey**- we want to ensure person-centeredness at NU and need your help.
 - Visit www.nuplanetreestudent.com. Go to “Get Involved”. Click “Student Satisfaction Survey”
 - Post results in a public place, creating a collective drive within the student body and Planetree to improve upon these goals.
 - **Will post results and use to make change w/in PT, and will communicate results to staff to work towards making NU more student centered.**
 - Thanks Shawna and Camelle for all your help!
- **Administrative Officer: Outgoing = Camelle / Incoming = Lauren (nuplanetree.admnofficer@gmail.com)**
 - **Introducing Lauren Kaplan! She is our incoming administrative officer.**
 - **Introducing Alex Scully! She is our incoming Wellness and Support Officer**
 - Congratulations to you both!!
 - Initial Sign-up/Joining Planetree
 - nuplanetree.admnofficer@gmail.com and/or follow the link <http://eepurl.com/geqWR5> and/or scan the QR code to complete a membership application.
 - You will receive 2 follow up emails about who we are, what we do, & how to get plugged in.



- After signing up, I will add you to our Blackboard page where you can stay updated with announcements & more!
 - Active Membership
 - Member for 2 months (completed membership form) + attended 2 meetings
 - Perks: Eligible for letters of recommendation upon graduation (must request, email nuplanetree.studentchair@gmail.com), awards, voting privileges
 - When you achieve active status, you will receive a google invitation to our Active Members group.
 - Officer Eligibility Requirements
 - Complete Membership Form
 - Have at least 9 months left in program.
 - Complete officer application
 - <https://www.nuplanetreestudent.com/nupsc-get-involved-957267.html>
- **Financial Officer: Outgoing = Trina Rey / Incoming = Tran Huynh**
(nuplanetree.financialofficer@gmail.com)
 - Current Balance from Statement of Activities as of 07/31/19: \$1,272.76
 - Total pending withdrawals: \$49.63
 - Pending reimbursement to Shawna
 - Total pending deposits: \$240.00
 - Pending deposit for sale of NUPSC cords & donation + proceed from gift basket drawing
 - **Total pending current balance as of 08/31/19: \$1,463.13**
- **Activity Officer: Sierra** (nuplanetree.activities@gmail.com)
 - **Reflecting back on August Social:**
 - Wonderful turn out!
 - 6 officers showed up
 - Total of 30-35 people; including one from cohort 60 who hasn't started yet! (Brownie points to Desiree for bringing her to the event, that was awesome!)
 - Thank you to everyone who came and showed support! We hope to see all of you again at the next social
 - **September social:**
 - **Beach Clean up: NUPSC/NUSNA collab with Get Trashed SD**
 - **Monday, September 23rd 2-4pm**
 - **Happy hour afterwards at Coaster Saloon 3-6pm**
 - Location: Mission Beach, exact details will be on flyer!
 - FB event is made; PLEASE rsvp if you plan to attend!
 - <https://www.facebook.com/planetreeNU>
 - <https://www.facebook.com/events/751008745350>

- Plastic bins, book stand, markers, colored pencils, mason jars, motivational books, magazines, white board, white board markers, extension cords, ANYTHING you think would fit perfectly for zen den.
- **Student Rep Officer: Ana (nuplanetree.studentrep@gmail.com)**
 - **Catholic Charities is signed and volunteer opportunities are in the works**
 - Rachel's house- volunteer opportunities 3-4 1X a week commitment.
 - Will gain experience in many things such as mental health
 - Essential Oil live.
- **Fundraising Officer: Shawna (nuplanetree.fundraising@gmail.com)**
 - Ways to get involved
 - **Join Fundraising!** [Sign up on the website](#) > Get Involved > Fundraising> Click "Join Fundraising"
 - **Get your National University Planetree T-Shirt!!** We will be selling T-shirts for \$20 and Longsleeves for \$25. Different color options are available for both styles. Visit <https://www.bonfire.com/sept-chari-t/> to purchase! T-shirt sale ends September 27th!
 - **Please Join us on September 25th at Blaze Pizza between 12pm-6pm to support NUPSC.** 50% of sales will be donated to us! All you have to do is mention NU Planetree student committee when you check out. Please RSVP at <https://www.groupraise.com/events/107424> by September 22nd! Address for participating location is 5604 Balboa Ave. San Diego, CA. Hope to see you there!
 - Fundraiser money goes towards things such as essential oils @ RB campus, and hopefully extends to other campuses soon. Also, Zen Den so students can sit and relax. Hopefully, coffee station at RB. As well as National PT Conference in Orlando this year.
 - **Sub Committee: I am looking for 6-10 volunteers to join my Pizza Fundraising Team!** Will be having a pizza fundraiser in October. Details TBA. Please email me at nuplanetree.fundraising@gmail.com if you are interested!
- **Outreach Officer: Desiree (nuplanetree.outreach@gmail.com)**
 - **Heartwalk SD – Please walk with us 09/21 at Balboa Park!**
 - T-shirts to all nu students that walk.
 - Email me with questions
- **Alumni**
 - **Position is open!** If you are an alumni or know anyone interested, please email Joe (nuplanetree.studentchair@gmail.com)
- **Open Forum:**

filled. If you are interested, please email him.

Next Council Meeting: TBA

Next NUPSC Meeting: **October 8, 2019 @ 6PM** (Committee meetings are always on the 2nd Tuesday of every month!)

Adjournment: 6:30pm

Summary:

Important Dates Discussed

- September Social: Beach Clean Up Monday Sept 23rd from 2:00-4:00pm; happy hour afterwards
- Pizza Fundraiser @ Blaze Pizza – September 25th 12-6pm
- Heartwalk on Saturday, September 21st
- Planetree International Conference on Person-Centered Care 2019: October 27-30 in Orlando, FL
- Important Meeting Dates:
 - DON Meeting 2nd Tuesday at 3pm. Zoom.
 - Planetree Faculty Meeting. 3rd Thursday at 3pm. Zoom.
 - Sharp Person-Centered Meeting 2nd Wednesday monthly 1pm
 - Center of Excellence and Monthly from 9:30am to 11am on the second Thursday. Zoom.